

Veterans and Family Resources – PTSD/ Secondary PTSD

Veterans Combat Call Center - 1-877-WAR-VETS is an around the clock confidential call center where combat Veterans and their families can call to talk about their military experience or any other issue they are facing in their readjustment to civilian life. The staff is comprised of combat Veterans from several eras as well as family members of combat Veterans.

www.vetcenter.va.gov/media/Call-Center-PSA.asp

Coaching into Care - 1-888-823-7458 is a free and confidential coaching service to help callers discover new ways to talk with their Veteran about their concerns and about treatment options.

www.mirecc.va.gov/coaching

Veterans Crisis Line – 1-800-273-8255 **press 1** connects Veterans in crisis and their families and friends with qualified, caring Veterans s responders through a confidential toll-free hotline, online chat, or text.

www.veteranscrisisline.net

Give an Hour – This non-profit organization offers a variety of mental health services to active military. Veterans and their respective families. Services are provided through a network of mental health professionals who donate their time and skills.

- Give an Hour's mission is to support those who served, or are serving, in post 9/11 conflicts. The jury is still out on whether the organization is able to provide like support for the Vietnam Veteran. Nina Schloffel will follow-up and provide some kind of resolution.

www.giveanhour.org

FamilyOfaVet.com – This site is dedicated to the Veteran, or someone who loves a Veteran, with **PTSD (Post-traumatic Stress Disorder)** and/or **TBI (Traumatic Brain Injury)**. It helps locate the information you need, and finds ways not only to *cope* with life after combat... but also to survive and *thrive*!

www.familyofavet.com